

Service Hours

9:00am to 7:00pm

Monday thru Friday

Please call for appointment or for re-questing additional times, days, or other requirements.

Services may be covered by Group Bene-fits or Auto Insurance.

Your Specialists in

- Counselling
- Grief Recovery
- Rehabilitation Consult-ing/ Services
- Workshop/Wellness



Latitude Rehabilitation Consultants, Ltd.

3386 Falconbridge Hwy
Garson, Ontario
P3L 1E3

Phone: 705-693-WELL (9355)
Toll Free: (866)-690-2919
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Latitude Rehabilitation Consultants, Ltd.



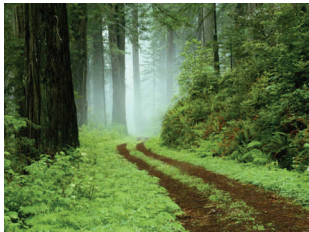
Counselling Services

<http://www.latituderehab.com>

The Action Program for Moving
Beyond Loss

Counselling Services

We at Latitude Rehabilitation Consultants, Ltd believe the victim and family suffer both together and individually and counselling support is immediately available as a continuum to them both throughout the rehabilitation process. This continuum is provided by the appropriate professional (s) to help the client and families cope with the situation, provide support, and help facilitate realistic choices through each degree of their recovery process. That in essence, the client and family are part of the multi-disciplinary team dedicated to their recovery.



Types of Counselling

Grief Recovery Counselling

There are more than 43 life events that can create the range of human emotions called grief. Death of a Loved One [or Less Than Loved One], Divorce, Estrangements, Financial Changes and Health Issues head the list. Whether the loss was recent or long ago, it may still be limiting your ability to participate fully in life.

Personal Adjustment Counselling

Helping the individual cope with those feelings that are hindering the vocational adjustment

Family Counselling

Assisting the individual and the family in dealing with the disability.

Vocational Counselling

This is the restoration of an individual's physical, cognitive, social vocational and economic capabilities to the greatest extent possible.

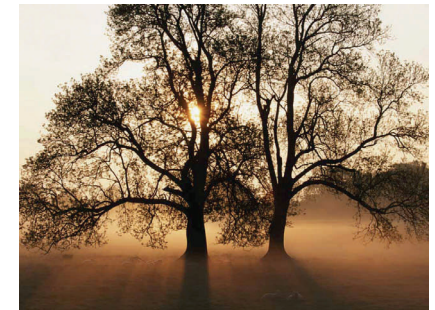
Two Goals of Counselling

Goal One:

Help clients manage their problems in living more effectively and develop unused or underused opportunities more fully.

Goal Two:

Help clients become better at helping themselves in their everyday lives.



We believe recovery is a process taken a degree at a time.

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