

**Register now and SAVE YOUR SEAT (limited space)!**

**SPRING/FALL TRAINING OPPORTUNITIES:**

- 1. CISM (Level 1 & Level 2 Options)**
- 2. Compassion Fatigue**

**COMING TO SUDBURY**

**COMPASSION FATIGUE WORKSHOP**

**Facilitator: Francoise Mathieu, M.Ed.,CCC.  
Psychotherapist, Compassion Fatigue Specialist  
September 21, 2011  
9:00 AM- 4:00PM**

**WORKSHOP – WALKING THE WALK: Creative Tools for Transforming Compassion Fatigue  
(This is also the pre-requisite for Train the Trainer 2 day Workshop)**

**This is highly interactive workshop, incorporating a combination of solo, small group and whole group activities. Topics covered will include:**

**Understanding compassion fatigue, vicarious trauma and burnout**

**Symptom checklist, targeting areas for strategic planning**

**Evaluating self-care, identifying triggers**

**Developing a personalized strategic plan for identifying and treating compassion fatigue.**

**A certificate of participation will be issued.**

**Who should attend?**

**Mental health, health care, educators, emergency, crisis workers services, corrections, law enforcement, clergy, firefighters, police officers, rehabilitation workers, volunteers and caregivers.....**

**Contact us: 705.693.9355 ext 300  
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